

Annvale Attack / Amble

4 & 3 hour Rogaine

Sunday 14th August 2011

Dear Team,

Thank you for your entry. We hope you enjoy the event.

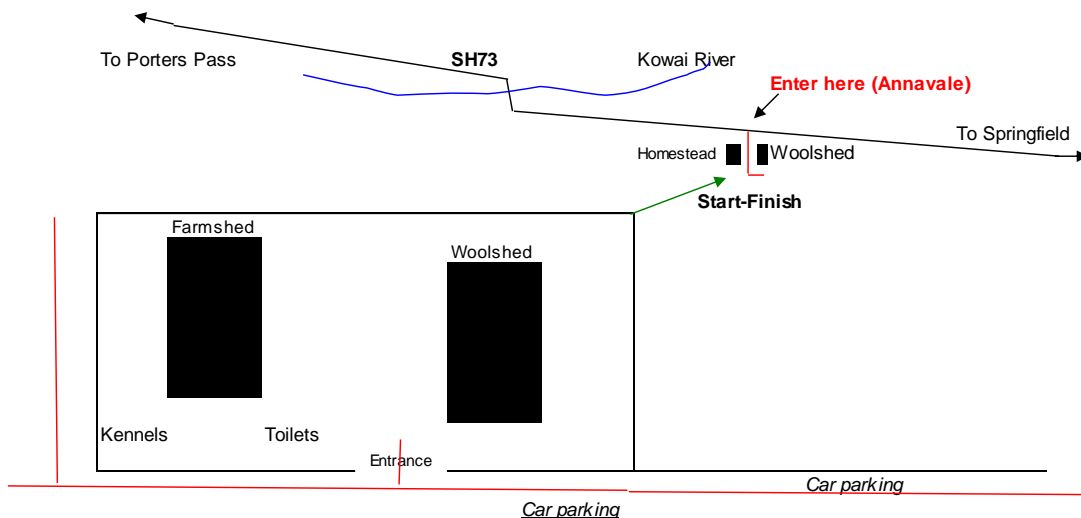
Please write your team number in the box on **page 3** and bring that page with you.

As team contact person, please ensure all team members are familiar with all the information below. This information will also be available at:

www.darfield.school.nz/curriculum/special-programmes/rural-college/.

Getting to the event

The event is on ANNAVALE farm approx 3.5 kms west of Springfield, one hour's drive from Christchurch. Go through Springfield on SH 73 and enter on left through farm entrance across a short bridge. Go past the house (on right) and turn left at T-junction to register at the woolshed. This is also the location of the Start/Finish.



Registration

Registration starts at **9 am** when maps are issued.

Hand in your **indemnity form** (from page 3 below) **completed** by **all** members.

Each **team member** will receive:

- an A3-sized map (1:20000, 20m contours),
- a sealable plastic bag (to protect your map), and
- a food ticket.

To save you time and energy later, we recommend you spend time planning your route.

Intentions map

Each team will also receive a **b&w A4** map to mark your intended route (with direction arrow). You do not have to stick to your marked route but it does provide backup if we have to look for you. This map must be handed in at the **START**. You will then receive your **team clip card** (see page 4).

Briefing and Start

Briefing is at **10.15 am**.

Or as soon as every team has handed in their intentions maps and received their clipcard. For details on punching your clip card, see below, page 4 of these notes.

The event will start at **10.30 am**.

Finish

The **3-hour** event will close at **1:30 pm** and the **4-hour** event at **2:30 pm**, both at the START/FINISH. Aim to **finish on time; you will be penalised 10 points per minute late, but if you are more than 30 minutes late then all points will be lost**. However, 3-hour teams have the option of carrying on and then being counted as 4-hour teams.

At the finish, assemble your team and have your card marked as to whether you are on time or not. You will then be asked to add up your score. After that, **please hand your card in** for final checking. It is also our key as to whether you have finished. Scores will be published on www.darfield.school/curriculum/special-programmes/rural-college as soon as possible after the event.

Timetable

9:00 am	REGISTRATION opens / Route planning and preparation
10:15	Briefing
10.30	START
1.30 pm	3-hr finish (3-hr teams if late can carry on for 4-hrs without penalty)
2.30	4-hr finish
from 1.30	free food (soup, muffins, scones etc) & drinks available
approx.3.00	Provisional results & Prizes

What to bring

Recommended clothes and equipment per team member:

thermal top & trousers or waterproof over trousers.	
rainproof coat	thermal hat and gloves
whistle	survival bag, sheet or pack liner
food, water bottle *	supportive, good-grip footwear
watch, per team	at least one compass, per team
first aid kit, per team **	cellphone, per team (see also p.6)

* We do not recommend drinking from the streams.

Please supply your own water for the entire day.

** St John will be in attendance.

You may also need picnic chairs to sit on, marker pens, highlighters, pins and string, and ruler, for planning and measuring your route before you start.

Navigation devices such as GPS or altimeter **not allowed**.

PLEASE BRING A MUG FOR SOUP, and a seat to sit on.

What Not to bring

NO DOGS (not even inside cars).

Each team member is to fill in and sign the indemnity form below.
 Designated team member to hand form in at registration on Sunday 14th
 August 2011. Write your team number here:

Neither the organizers nor the landowners accept liability for any accident or injury to participants during the event at Annavale, Ayrdale & Springvale farms on 14 August 2011. Competitors agree to abide by the rules as set out below and compete at their own risk.

Name	signature	date
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Emergency Contact

Your name and Vehicle Registration Number (parked at this event)	Emergency Contact (not a competitor) Name, Address, Phone No.	Allergies or Medical Condition

NOTE:

1. A parent or guardian must sign the indemnity form on behalf of a competitor under the age of 18.
2. Supply the name, address and telephone number of a person to contact in the event of an emergency. This person must not be a competitor in the event.
3. Supply details of any medical conditions or allergies that might be of assistance to First Aid staff in the event of an accident or emergency.

Clip card system

We are using manual clipcards, as shown here.

21	22	23	24	26	28	30	32	33	35
36	40	41	42	43	46	50	51	54	55
56	58	60	62	63	68	69	70	71	72
74	75	78	81	82	85	90	R	R	R
		PENINSULA & PLAINS ORIENTEERS				Score		:	
		Team Number				Time		:	
						Penalty			
		ANNAVALE ROGAINE				Net Score			

You will receive one clipcard per team, after you hand in your intentions map.

The numbers on the card match the various numbers at the controls. At each control, punch the box with the number that matches the number of the control. See also page 5, below, for more information on procedure at controls. (The boxes marked R are reserve boxes, in case you accidentally punch a wrong box.)

Tips for beginners

Some suggested route options will be available at the Start, for inexperienced teams.

Cancellation

This event will only be cancelled if conditions are extreme.

Appreciation

We acknowledge the generous cooperation of Brian Groome, manager, Annavale Ltd, Graeme Dawson (Ayrdale) and Bob Kyle (Springvale) for the use of their farms; The Malvern Record, Bill Kennedy (NZ Rogaine Assn), Dave Laurie & Dave Armstrong (Peninsula & Plains Orienteers), plus the following businesses for prizes.

Antarctic Centre

Gnomes Snowsports Darfikeld

Malvern Community Board

PGG Darfield

Rubicon Valley Horse Treks

Tranz Scenic Trains (TranzAlpine)

CRT Darfield

Hanmer Springs Thermal Pools & Spa

Porters Ski Area

Red Red Wine Cafe & Bar (Darfield)

Terrace Downs Resort

Waimak Alpine Jet.



BASIC INFORMATION

Rules, in brief

- Use rogain event map and compass only. GPS not allowed.
- Travel only on foot.
- Your team may visit any number of controls and in any order.
- Team members to stay within verbal contact of each other at all times. **All members** must approach within **20 metres** of each checkpoint.
- If a control is missing (which is unlikely), be able to describe the local setting.
- **If a competitor wishes to withdraw, the entire team must return to START/FINISH and notify organisers. (Team retains current points score.)**
- Event finishes at 1.30 pm (3-hr) or 2.30 pm (4-hr) (or as specified at start).
- When your team finishes, **all** members **must** report and hand in their clipcard.

Procedure at each control

- Each control comprises an orange/white flag, control number & clipper.
- Insert your card and clip in the box that matches the control you are at.
- The clippers have unique punch patterns.
- It is vital for the safety of all teams that you do not tamper or play with the controls.

Points value, penalty points, protest.

- Controls 20-29 are worth 20 points, controls 30-39 are worth 30, 40-49=40 ,etc.
- 10 points penalty for each minute late. 30 minutes late - all points lost

Environmental and farm care

- Keep clear of buildings, machinery.
- Gates to be left as found. If your team opens a gate then your team closes it.
- Cross fences with care - through wires (some will be electric) or cross at a post. Please climb over gates at the hinged end..
- Don't crowd stock, or trample crops, young trees or new grass.
- No **rubbish**, no **dogs**, no firearms.
- No smoking.
- Toilets will be provided at the Start/Finish.
- Report any damage, distress to stock, etc. to event organisers.

A little about the map

- **The map scale is 1:20,000 with 20 metre contours.**
- **It is oriented to magnetic north.**
- It is pre-marked with control locations with their descriptions on the reverse.
- The terrain is mainly rough open farm land. It has patches of matagouri. If you encounter very thick patches backtrack and find a more open route or one used by livestock.
- Elevation ranges from a low of 400m at start to just over 800m.
- There are some new farm roads, ponds and fences that are not shown on the map. It is best, therefore, to navigate primarily using features that do not change. Hills, spurs, streams etc.
- Vegetation shown on the map is variable. We have made some updates but these are indicative only and the vegetation boundaries thus shown should not be taken as exact.

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Safety Sheet

Safety is a priority during this event. However the organisers cannot guarantee your safety and you participate at your own risk. Your responsibilities include:

- carrying adequate clothing and other safety equipment.
- staying together as a team at all times, and providing mutual support.
- helping any other team you find in difficulties.

Hazards to be aware of are:

- **Hypothermia.** Wind, water and cold temperatures can lead to exposure or hypothermia. Early symptoms are subtle (clumsiness, lethargy, slurred speech). Be prepared to seek shelter or to call it a day if conditions are severe, or if any of your team is becoming exhausted. In severe weather, keep off high, exposed ridges.
- **Streams.** Do not cross streams if they are heavily swollen.
- **Cliffs and slippery rocks.** There are cliffs and large outcrops throughout the event area. Please be very cautious around steep faces and rock bluffs.
- **Fog/low cloud.** If in fog, orientate the map and yourself with a compass. If in doubt, don't climb into cloud, and descend out of it.
- **Rough ground,** such as steep banks, rock outcrops, incised creeks, slippery grass slopes, and hidden obstacles such as logs, rocks, loose fencing wire.
- **Fences:** Electric fences are mostly near the start. They should be off. Beyond the Start area there are no electric ones; however, many have barbed wire.
- **Matagouri:** Full body cover is advisable. If you enter thick scrub it is likely there is an easier route, backtrack and go around. Stock tracks are also a good guide.
- **Road traffic:** This is an off-road event

In the event of serious injury or exhaustion, make injured person warm and comfortable; arrange, if possible, to leave someone with the person; note your exact location on the map; and return to the start/finish. Emergency signal: repeated short blasts on whistle. Repeat if you hear one long blast.

It is also recommended that each team carry a cellphone. There is coverage across most of the map. The emergency number to ring will be 027 681 4705. This number will also be listed on the event map.

If you become totally disorientated, travel down slope to sheltered ground. Be very careful of steep cliffs. If you become totally lost try and descend and head NORTH.

IT'S WINTER. WRAP UP IN CASE OF COLD AND WET WEATHER.

Any queries, including advice to beginners, to: Chc 3372275 or oldhat@actrix.co.nz
Or: Dfld 3181188 or carolfowler@clear.net.nz.

Good skills.