

Gear List

<i>SLEEP GEAR</i>	<i>FOOT WEAR</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Sleeping bag</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Sport Shoes</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Spare Blanket</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Shoes for tramping/getting wet</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Pillow and Pillow Case</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Slippers</i>
<i>SHELL LAYER...</i>	<i>TOILET GEAR</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Waterproof rain jacket with hood</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Tooth cleaning gear, soap, face cloth</i>
<i>CLOTHES</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Personal hygiene needs</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Several changes of underwear</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Personal Medication (Inhaler? Anakit? Pills? Potions?)</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Polypro or wool long johns</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Towel x 2</i>
<input type="checkbox"/> <input type="checkbox"/> <i>4 or more pairs socks</i>	<i>EXTRA ITEMS</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Polypro or wool t-shirts</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Cutlery and Crockery (Knife, Fork, plate, bowl, cup)</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Wool jersey or fleece jacket</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Water Bottle (at least 2 x 750ml)</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Tee shirts x 2</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Torch</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Shorts x 1</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Tea Towel x 2 (Named)</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Track pants/long trousers (no Jeans)</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Pens and Paper</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Old tee shirt and shorts</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Plastic Bag for wet gear</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Warm hat/beanie</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Packed Lunch - For the first day.</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Warm Gloves</i>	<i>BAGS</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Long sleeve tops x 2</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Suitcase or back pack</i>
	<input type="checkbox"/> <input type="checkbox"/> <i>Day Bag</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Home Baking</i>	

**Tick box when found and
again when packed**