



DARFIELD HIGH SCHOOL

31 January 2012

Dear Parents/Caregivers

Year 7 Outdoor Education Camps 5 – 7 March 2012 and 7 – 9 March 2012

I am pleased to inform you that the Year 7 Outdoor Education Camp will be a three-day, two-night camp at Lake Lyndon Lodge, Lake Lyndon.

The dates set are as follows:

**7SJ and 7SE
7CC and 7CS**

**Monday 5 March to Wednesday 7 March
Wednesday 7 March to Friday 9 March**

The camp is designed to educate individuals on how to keep safe in the outdoors and how to protect the environment. Students will have the opportunity to participate in mountain biking, tramping, skiffing, orienteering and an outdoor education project. The cost of the camp has been set at **\$120**. As it is school policy to pay before students go on a school trip, this must be paid by **Friday 2 March**.

All students will also take part in a pre-activity test on school grounds and at the swimming pool. This will involve a Mountain Biking and Skiffing safety lesson. It is also important that students have the correct clothing for camp - a gear list is attached to this letter.

It would be great if all the Year 7 students could attend this camp as it is a wonderful opportunity to learn new skills, experience the outdoor environment and strengthen friendships with fellow students.

Enclosed is a permission form - please could you complete and return it to school with the camp fee as soon as possible.

If for any reason payment for this camp at this stage of the year would be difficult, please feel free to contact the School Bursar, Mrs Hurford, or me to discuss alternative payment arrangements.

Transport

Transport for this camp will be in the form of Torlesse Travel bus and school vans. As part of the risk management process, all vehicles used will have a current Warrant of Fitness and Registration.

Risk Management

A lot of the activities we take part in involve the outdoors, which is subject to extremes of temperature and weather (wind, rain, snow and ice). Some access is on roads (generally without edge barriers) subject to ice, mud and snow. Hazards include impact injuries, dangers of collision, sliding, grazes, vehicle accidents, drowning and delays due to weather. We manage these risks according to current industry standards and talk these issues through with students.

Students' gear, medication and clothing need to be checked prior to leaving as part of our risk management procedures, so please ensure they have the items listed and any personal medication. There is no time in the mornings for students to return home to pick up extra items and, in the case of students with inadequate gear, we may need to inform parents/caregivers and leave the student at school.

All risk management information is held at school for any person wishing to view it.

Staff

All trips will be staffed by qualified instructors. I currently hold my NZIOA Rock 1 and Bush. I have many years of experience both in the school environment and instructing in the outdoors. We also contract Horizons Unlimited to supply us with a qualified instructor for the water based activities.

Emergency Contacts

If you need to contact students in an emergency during any of the trips, please contact the school on 318 8411. During travel and in some parts of the mountains, cellphone coverage is not available.

Conduct

As with any school trip, normal school rules apply, including those relating to smoking and use of alcohol or other drugs. Students are expected to behave in a safe manner, use common sense and support each other. Any breach of these school rules or behaviour that is deemed unsafe will result in the student being sent home at the cost of the parent/caregiver.

If you have any questions or concerns about the trip or your student's participation, then please feel free to contact me at school.

Yours sincerely



Jason Dickens
HOD Outdoor Education

Permission, Medical and Consent Form

Event: Year 7 Camp Lake Lyndon Lodge 5 – 7 and 7 – 9 March 2012

I / We give permission forto attend the **Lake Lyndon Camp** and to participate in its activities.

I / We understand that he / she will be expected to follow all instructions given during that time and realise that failure to do so may result in him / her being sent home at my expense. I give my consent for the staff / instructors to act in my child's best interests should first aid or other care be required.

Does your child suffer from any of the following?

<input type="checkbox"/>	Asthma	<input type="checkbox"/>	Diabetes
<input type="checkbox"/>	Migraine	<input type="checkbox"/>	Allergy
<input type="checkbox"/>	Anything else		

Details:

Medication which will be sent with my child and instructions for its use:

Please add on the back of this form any other information which you think we should have.

My child is confident swimming in open water. Yes No

I understand that there are risks associated with activities in the outdoors. These risks provide a sense of challenge and achievement. I am aware that all risks will be managed appropriately and that safety will be of prime importance in all activities. I understand that my child needs to be responsible for their own actions and follow all instructions to ensure their safety.

Signed: _____ Date: _____

Daytime Contact Number: _____

Evening Contact Number: _____

Email address: _____

I am willing to come as Parent Help

This permission slip and money for camp MUST be handed into the Bursar's office by Wednesday 3 March 2010

Gear List

<i>SLEEP GEAR</i>	<i>FOOT WEAR</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Sleeping bag</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Sport Shoes</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Spare Blanket</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Shoes for tramping/getting wet</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Pillow and Pillow Case</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Slippers</i>
<i>SHELL LAYER...</i>	<i>TOILET GEAR</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Waterproof rain jacket with hood</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Tooth cleaning gear, soap, face cloth</i>
<i>CLOTHES</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Personal hygiene needs</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Several changes of underwear</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Personal Medication (Inhaler? Anakit? Pills? Potions?)</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Polypro or wool long johns</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Towel x 2</i>
<input type="checkbox"/> <input type="checkbox"/> <i>4 or more pairs socks</i>	<i>EXTRA ITEMS</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Polypro or wool t-shirts</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Cutlery and Crockery (Knife, Fork, plate, bowl, cup)</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Wool jersey or fleece jacket</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Water Bottle (at least 2 x 750ml)</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Tee shirts x 2</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Torch</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Shorts x 1</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Tea Towel x 2 (Named)</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Track pants/long trousers (no Jeans)</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Pens and Paper</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Old tee shirt and shorts</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Plastic Bag for wet gear</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Warm hat/beanie</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Packed Lunch - For the first day.</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Warm Gloves</i>	<i>BAGS</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Long sleeve tops x 2</i>	<input type="checkbox"/> <input type="checkbox"/> <i>Suitcase or back pack</i>
	<input type="checkbox"/> <input type="checkbox"/> <i>Day Bag</i>
<input type="checkbox"/> <input type="checkbox"/> <i>Home Baking</i>	

**Tick box when found and
again when packed**